

Abundant Bloomsdale Spinach

This spinach variety is sweet, tender, and bolt resistant. It does well with cool weather and is a great crop for overwintering in mild climates. It has dark green leaves that are held on upright stems. These seeds are certified organic and come from small farms within the Southern Exposure Seed Exchange “Seed Grower Network.” This variety is particularly well-suited to the Mid-Atlantic and Southern U.S. regions.

To use: Direct sow in late winter or early spring, as soon as the ground can be worked. Sowing depth: ½ inch. Seedlings emerge in 7–12 days. To have a continuous supply of harvests, plant successions every few weeks during the spring. Provide full sun, fertile soil, and ample moisture. Mulch as often as necessary. For fall and winter greens, direct sow 1 month before average full frost. Heat can kill spinach seedlings, so wait for cool weather. Frosts sweeten its flavor. Over-wintered spinach will resume growth in the spring. To harvest, snip off leaves near the base, or harvest whole plants ahead of hot weather. Ideal soil temp: 45–75°F. To collect seeds, let the plant mature, bolt, and dry out completely. Cut the dry stalks and collect seeds. Store in a cool, dark place until ready for planting.

Seed Source: Southern Exposure Seed Exchange

